

# Week A

| WK A | Monday   | Tuesday   | Wednesday                                      | Thursday   | Friday   |
|------|--|---|--|--|--|
| 1    | U6 Assembly                                    | Aptitude test preparation (1 session per week only)     | Writing & Designing for the Stage              | Make your CV shine & LinkedIn profile optimisation     | Malay for Beginners                                  |
|      |  | Generating a second income                              | Create a personal training programme           | Coaching Skills - Designing, Delivering and Reflecting |  |
|      |  | Biology for the Sake of It                              |  | Expressing your experiences through a visual medium    |  |
|      |  |   |  | Making Music in the 21st Century                       |  |
|      |  |   |  | Design projects for a better future                    |  |
|      |  |   |  |  |  |
|      |  |   |  |  |  |
| WK A | Monday   | Tuesday   |  | Wednesday  | Thursday   |
| 2    | Film and Media Analysis (Intermediate Chinese) | Explore your academic passion (1 session per week only) | Writing & Designing for the Stage              | Pre-University Reading & Discussion                    | Transactional Analysis & understanding communication |
|      |  | Biology for the Sake of It                              | Identifying and developing character strengths | Coaching Skills - Designing, Delivering and Reflecting | Film and Media Analysis (Intermediate Chinese)       |
|      |  | Generating a second income                              |  | Vegetarian cooking                                     |  |
|      |  |   |  | Expressing your experiences                            |  |
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|      |  |                                  |   |                                  |                                      |
|------|--|----------------------------------|---|----------------------------------|--------------------------------------|
|      |  |                                  |   | through a visual medium          |                                      |
|      |  |                                  |   |                                  |                                      |
|      |  |                                  |   | Making Music in the 21st Century |                                      |
|      |  |                                  |   |                                  |                                      |
| WK A | Monday   | Tuesday                          | Wednesday                                 | Thursday                         | Friday                               |
| 3    | Make your CV shine & LinkedIn profile optimisation | Financial Literacy               | CBT thoughts, feelings & behaviour        | Malay for Beginners              |                                      |
|      |  |                                  |   |                                  |                                      |
|      | Coding for Beginners                               | Making the most of your Macbook  | Cooking - Soups and starters              | Spanish for Beginners            |                                      |
|      |  |                                  |   |                                  |                                      |
|      |  |                                  | Engineering, Maths & Physics              |                                  |                                      |
| WK A | Monday   | Tuesday                          | Wednesday                                 | Thursday                         | Friday                               |
| 4    | Pre-University Reading & Discussion                | Statistics for social scientists | Self-knowledge and emotional intelligence | Statistics for social scientists | Writing a letter of application      |
|      |  |                                  |   |                                  |                                      |
|      | Coding for Beginners                               | Engineering, Maths & Physics     |   |                                  | Cooking with eggs                    |
|      |  |                                  |   |                                  |                                      |
|      | Design projects for a better future                |                                  |   |                                  | Create a personal training programme |
|      |  |                                  |   |                                  |                                      |
|      |  |                                  |   |                                  | Making the most of your Macbook      |
|      |  |                                  |   |                                  |                                      |

| WK A | Monday   | Tuesday  | Wednesday   | Thursday                                 | Friday                          |                |
|------|--|--|-------------|--|---------------------------------|----------------|
| 5    | Interview training and practice                | Leadership training                            | Art History | Art History                              | German for Beginners            |                |
|      |  |  |             |  |                                 |                |
|      |  |  |             | Public speaking, presentation and debate | Spanish for Beginners           |                |
|      |  |  |             |  |                                 |                |
| WK A | Monday   | Tuesday  | Wednesday   | Thursday                                 | Friday                          |                |
| 6    | Breaking Bad - Organic Synthesis for beginners | Cooking with Mince                             | Tutor time  | Leadership training                      |                                 |                |
|      |  |  |             |  |                                 |                |
| WK A | Monday   | Tuesday  |             | Thursday                                 | Friday                          |                |
| 7    | Breaking Bad - Organic Synthesis for beginners | Identifying and developing character strengths |             |  | Interview training and practice | House Assembly |
|      |  |  |             |  |                                 |                |
|      | Cooking with chicken                           |  |             |  |                                 |                |
|      |  |  |             |  |                                 |                |
| WK A | Monday   | Tuesday  |             | Thursday                                 | Friday                          |                |
| 8    | Financial Literacy                             | Self-knowledge and emotional intelligence      |             |  | German for Beginners            |                |
|      |  |  |             |  |                                 |                |
|      |  | Public speaking, presentation and debate       |             |  |                                 |                |
|      |  |  |             |  |                                 |                |

# Week B

| WK B | Monday   | Tuesday   | Wednesday                                      | Thursday   | Friday   |
|------|--|---|--|--|--|
| 1    | Assembly   | Aptitude test preparation (1 session per week only)     | Identifying and developing character strengths | Coaching Skills - Designing, Delivering and Reflecting | Malay for Beginners  |
|      |  |   |  |  |  |
|      |  | Biology for the Sake of It                              | Create a personal training programme           |  |  |
|      |  | RAC - Generating a second income                        |  |  |  |
|      |  |   |  |  |  |
| WK B | Monday   | Tuesday   | Wednesday                                      | Thursday   | Friday   |
| 2    | ED/HS- Film and Media Analysis (Intermediate Chinese Learning) | Explore your academic passion (1 session per week only) | Identifying and developing character strengths | Coaching Skills - Designing, Delivering and Reflecting | Transactional Analysis & understanding communication       |
|      |  |   |  |  |  |
|      |  | Biology for the Sake of It                              | Making the most of your Macbook                | Vegetarian Cooking                                     |  |
|      |  | Generating a second income                              | Design projects for a better future            |  |  |
|      |  |   |  |  |  |
| WK B | Monday   | Tuesday   | Wednesday                                      | Thursday   | Friday   |
| 3    | Make your CV shine & LinkedIn profile optimisation             | Financial Literacy                                      | CBT thoughts, feelings & behaviour             | Leadership training                                    | Understanding yourself and others - Emotional Intelligence |
|      |  |   |  |  |  |
|      |  |   |  |  |  |
|      | Pre-University Reading & Discussion                            |   | Interview training and practice                |  | Art History  |
|      |  |   |  |  |  |
| WK B | Monday   | Tuesday   | Wednesday                                      | Thursday   | Friday   |
| 4    | Breaking Bad - Organic   | Financial Literacy                                      | ED/HS- Film and Media Analysis                 | Statistics for social scientists                       | Writing a letter of application                            |

|      |  |  |                                 |  |                                      |
|------|--|--|---------------------------------|--|--------------------------------------|
|      | Synthesis for beginners                        |  | (Intermediate Chinese Learning) |  |                                      |
|      |  |  |                                 |  |                                      |
|      | Engineering, Maths & Physics                   | Making the most of your Macbook                    |                                 | Engineering, Maths & Physics                               | Cooking with eggs                    |
|      |  |  |                                 |  |                                      |
| WK B | Monday   | Tuesday  | Wednesday                       | Thursday   | Friday                               |
| 5    | Breaking Bad - Organic Synthesis for beginners | Statistics for social scientists                   | German for Beginners            | Understanding yourself and others - Emotional Intelligence | Create a personal training programme |
|      |  |  |                                 |  |                                      |
|      | Leadership training                            |  | Malay for Beginners             |  |                                      |
|      |  |  |                                 |  |                                      |
|      |  |  | Spanish for Beginners           |  |                                      |
|      |  |  |                                 |  |                                      |
| WK B | Monday   | Tuesday  | Wednesday                       | Thursday   | Friday                               |
| 6    | Interview training and practice                | Student Cooking with Mince                         | Tutor time                      | Writing & Designing for the Stage                          |                                      |
|      |  |  |                                 |  |                                      |
|      | Public speaking, presentation and debate       |  |                                 |  |                                      |
|      |  |  |                                 |  |                                      |
| WK B | Monday   | Tuesday  |                                 | Thursday   | Friday                               |
| 7    | Art History                                    | Make your CV shine & LinkedIn profile optimisation |                                 | Writing & Designing for the Stage                          |                                      |
|      |  |  |                                 |  |                                      |
|      | Cooking with chicken                           | Coding for Beginners                               |                                 |  | House Assembly                       |

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|      |                       |   |  |  |        |
|      |                       | Expressing your experiences through a visual medium |  |  |        |
|      |                       |   |  |  |        |
|      |                       | Making Music in the 21st Century                    |  |  |        |
|      |                       |   |  |  |        |
| WK B | Monday                | Tuesday   |  | Thursday                                 | Friday |
| 8    | German for Beginners  | Pre-University Reading & Discussion                 |  | Public speaking, presentation and debate |        |
|      |                       |   |  |  |        |
|      | Spanish for Beginners | Coding for Beginners                                |  |  |        |
|      |                       |   |  |  |        |
|      |                       | Expressing your experiences through a visual medium |  |  |        |
|      |                       |   |  |  |        |
|      |                       | Making Music in the 21st Century                    |  |  |        |
|      |                       | Design projects for a better future                 |  |  |        |
|      |                       |   |  |  |        |